

WEEK 1

Fresh vegetables will change seasonally and may not be shown in the photo.

YOUR SCHOOL MENU

APRIL – OCTOBER 2024



Hampshire
County Council

Education Catering

MONDAY

CHOOSE FROM

Tomato pasta



Chicken fajita with a blend of brown and white rice



ON THE SIDE

Vegetables of the day or salad

TO FINISH

Freshly baked chocolate shortbread biscuit

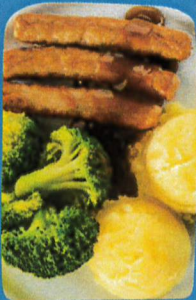
TUESDAY

CHOOSE FROM

Sweet potato and lentil curry with a blend of brown and white rice



Pork sausages with mashed potato and gravy



ON THE SIDE

Vegetables of the day or salad

TO FINISH

Fruit and jelly

FRESH FRUIT SALAD SERVED EVERY DAY

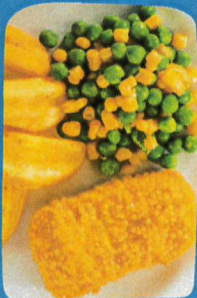
WEDNESDAY

CHOOSE FROM

Handmade margherita pizza



Bubble salmon with crinkle cut wedges



ON THE SIDE

Vegetables of the day or salad

TO FINISH

Banana cake

THURSDAY

CHOOSE FROM

Vegetable wellington



Sliced beef and Yorkshire pudding



ON THE SIDE

Vegetables of the day, roast potatoes and gravy

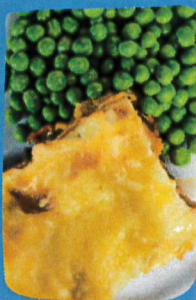
TO FINISH

Chocolate sponge cake

FRIDAY

CHOOSE FROM

Roasted vegetable lasagne



Baked omega 3 fillet fish fingers and chips



ON THE SIDE

Vegetables of the day or salad

TO FINISH

Jam and coconut sponge cake

Vegan

Vegetarian

Contains plant power

FOOD TO FLOURISH®

WEEK STARTING:

April 15, May 6, June 3, June 24, July 15, September 9, September 30, October 21



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WEEK 2

Fresh vegetables will change seasonally and may not be shown in the photo.

YOUR SCHOOL MENU APRIL – OCTOBER 2024

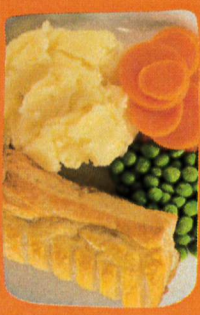


**Hampshire
County Council**
Education Catering

MEAT-FREE

MONDAY

CHOOSE FROM
Vegetarian sausage roll with
mashed potato



Macaroni cheese with
Somerset cheddar



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Freshly baked shortbread
biscuit

TUESDAY

CHOOSE FROM
Somerset cheddar cheese and
tomato quesadilla with diced
potatoes



Chicken katsu curry with a
blend of brown and white rice



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Fresh fruit wedges



WEDNESDAY

CHOOSE FROM
Handmade margherita pizza



Ham carbonara with
penne pasta



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Apple sponge cake

THURSDAY

CHOOSE FROM
Quorn and leek crown



Roast chicken and Yorkshire
pudding

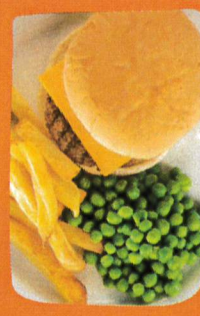


ON THE SIDE
Vegetables of the day, roast
potatoes and gravy

TO FINISH
Marble sponge cake

FRIDAY

CHOOSE FROM
Plant-based burger in a bap
with cheese and chips



Baked omega 3 fillet fish
fingers and chips



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Chocolate brownie

Vegan Vegetarian Contains plant power

FOOD TO FLOURISH®

WEEK STARTING:
April 22, May 13, June 10, July 1, July 22,
September 16, October 7



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All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

WEEK 3

Fresh vegetables will change seasonally and may not be shown in the photo.

YOUR SCHOOL MENU APRIL – OCTOBER 2024

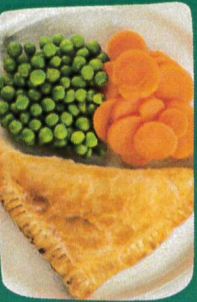


Hampshire
County Council

Education Catering

MONDAY

CHOOSE FROM
Somerset cheddar cheese, onion and potato pastry



Chicken nuggets with diced potatoes



ON THE SIDE
Vegetables of the day or salad

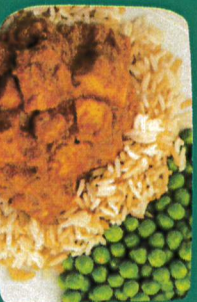
TO FINISH
Freshly baked marble shortbread biscuit

TUESDAY

CHOOSE FROM
Plant-based sausage hot dog with diced potatoes



Chicken curry with a blend of brown and white rice



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Apple crumble

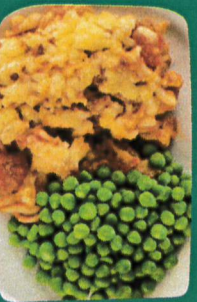


WEDNESDAY

CHOOSE FROM
Handmade margherita pizza



Beef Bolognaisse pasta bake

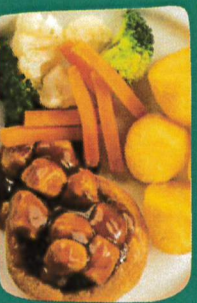


ON THE SIDE
Vegetables of the day or salad

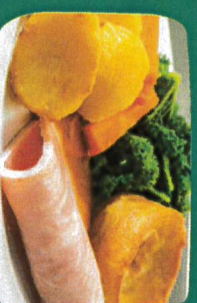
TO FINISH
Chocolate banana cake

THURSDAY

CHOOSE FROM
Quorn pieces in a Yorkshire pudding



Sliced gammon and Yorkshire pudding

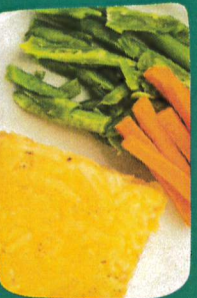


ON THE SIDE
Vegetables of the day, roast potatoes and gravy

TO FINISH
Lemon drizzle cake

FRIDAY

CHOOSE FROM
Somerset cheddar cheese and potato frittata



Baked omega 3 fillet fish fingers and chips



ON THE SIDE
Vegetables of the day or salad

TO FINISH
Flapjack

Vegan Vegetarian Contains plant power

FOOD TO FLOURISH®

WEEK STARTING:

April 29, May 20, June 17, July 8, September 2, September 23, October 14



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